

Lydia Garcia Crain

Pronouns: she, her, hers

Department of Teaching, Learning, and Sociocultural Studies
The University of Arizona
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Education

- 2008 Graduate Certificate, K-12 Principal
Northern Arizona University, Educational Leadership
- 2003 Master of Education, Educational Leadership
Northern Arizona University
- 1994 Teaching Certification, K-12 Physical Education
Arizona State University
- 1992 Bachelor of Science, Liberal Arts - History
Arizona State University

Post-Secondary Professional Experience

Adjunct Instructor, Teaching and Teacher Education, University of Arizona, College of Education, 2003 - 2008

Courses Taught:

- PE 201 -- Using Physical Activity to Explore the Human Body
- PE 211 -- Badminton
- PE 225 -- Soccer
- PE 279 -- Motor Development
- PE 285 -- Principles of Teaching Physical Activity
- PE 294 -- Practicum
- PE 351 -- Elementary School Physical Education
- PE 381 -- Measurement and Evaluation
- PE 452 -- Teaching Physical Education in the Elementary School
- PE 497A -- Physical Education Student Teaching Forum
- TTE 493A/B -- Student Teaching Supervision

Administrative Duties :

- Student Advising
- InTASC Standards and Physical Education program curriculum alignment
- Schedule PE classes
- Allocate scholarship awards
- Admissions interviews
- Student teacher placement
- Program review and accreditation
- University-Community College Articulation and Transfer

Instructional Specialist and Intervention Coordinator, University of Arizona, College of Life Sciences and Agriculture, Department of Nutritional Sciences
2002 - 2003

Project: Trial of Activity for Adolescent Girls (TAAG)

- Promotions Coordinator
- Team Member: School-Community Programs; Health and Physical Education Interventions; Measurement and Process Evaluation

Educational Skills & Interests

- Community fitness and wellness
- Motor development
- Childhood and adolescent physical activity
- Impact of physical activity on cognitive, physical, and emotional development
- Impact of physical activity on healing from trauma and adverse childhood experiences
- Comprehensive school health and wellness
- Community fitness
- Collaborative problem-solving
- Educational leadership

Certifications

Arizona: Principal (PreK-12); Physical Education (K-12); History (7-12)

Strength Matters: Kettlebell Instructor I (International)

National Archery in Schools Program: Archery Instructor

K-12 Leadership and Teaching Experience

School Coordinator, Civano Community School, Vail USD

2018 - Present

- Respond to the circumstances of COVID-19 for students, staff, and families
- Train staff to create viable, engaging, progressive digital lessons for classes
- Determine areas for intervention due to COVID-related educational losses
- Increase student enrollment and decrease student turnover
- Increase representation and student diversity
- Engage parent and family community
- Create an emotionally and physically safe campus for LGBTQ students
- Plan and create weekly (or more frequently if needed) communication with school community
- Co-designed content for school website
- Observe, coach, and evaluate staff
- Investigate and address student discipline
- Consult with specialized behavior professionals in District for support with ongoing challenges
- Manage and supervise school operations
- Increase volunteer hours
- Implement Project-Based Learning across classrooms
- Increase AZ Tax Credit donations from school families and community
- Improve school label from AZ Department of Education from a "C" to a "B"
- Teach Physical Education classes

Physical Education Teacher, Vail USD

2015-2018; 2008-2009; 1995-2003

- Teach Physical Education, Health Education, and Sex Education, grades K-8
- Athletic Director
- Girls' Soccer Coach
- Archery Instructor
- Administrative designee
- District Curriculum Coordinator, K-8 Physical Education
- Instructional coach
- New teacher mentor
- Mentor teacher for UA, ASU, and NAU student teachers
- Curriculum Review Chair, Physical Education and Health Education
- Professional Development Coordinator, Physical Education

- District Wellness Coordinator
- Site Wellness Committee Coordinator
- Student Wellness Advocacy Team sponsor
- Site Council representative

Principal, Rincon Vista Middle School, Vail USD
2009-2015

- Lead RVMS to “Excelling” and “A” label from ADE, 2010 - 2014
- Increase out-of-district students attending under AZ Open Enrollment to 20% of school enrollment
- Establish school culture of academic achievement, health and wellness promotion, and community service
- Manage and plan for site-based maintenance and operations and capital budgets
- Restructure special education resource classes from pull-out model to co-teach model
- Identify lowest performing quartile of students and rethink reteach/enrich practices, as well as intersession support, to support academic growth

Physical Education Teacher and Coach, Centennial Middle School, Kyrene School District
Spring 1995

Student Teacher, Akimel-a-AI Middle School, Kyrene School District and Pomeroy Elementary School, Mesa Public Schools
Spring 1995

Track & Field Coach, Dobson High School, Mesa Public Schools
1987 -1989

Professional Presentations

National

Crain, L.G., Butler, C.A, Haag, J., Heath, N., Koerber, D., and Sinjem, L. (March 2011). AAHPERD Middle School TOYs Get Your Students Moving! Session Presented at the American Alliance for Health, Physical Education, Recreation, and Dance national convention, San Diego, CA.

Regional

Crain, L.G. (June 2013). Aligning Your Arrows. Aiming at a School Culture of Academic Achievement and Student Wellness. Session presented at the Southwest District Alliance for Health, Physical Education, Recreation and Dance conference, Las Vegas, NV.

Crain, L.G. and Johnson, I.L (June 2013). Promoting Professional Development Through a Team Approach. Session presented at the Southwest District Alliance for Health, Physical Education, Recreation and Dance conference, Las Vegas, NV.

Arizona

Crain, L.G. (October 2012). Equipped to Learn, Chapter 2: Blueprint for Building a Healthy Active School. Session presented at the Arizona Alliance for Health, Physical Education, Recreation, and Dance conference, Phoenix, AZ

Crain, L.G. and Snyder, A. (November 2011). Equipped to Learn: Blueprint for Building a Healthy Active School. Session presented at the Arizona Alliance for Health, Physical Education, Recreation, and Dance conference, Phoenix, AZ

Crain, L.G. and Johnson, I.L. (September 2007). How am I Doing? Tools for Cooperating Teachers. Session presented at the Arizona Alliance for Health, Physical Education, Recreation, and Dance conference, Phoenix, AZ.

Crain, L.G. (September 2006). Game On! Teaching Games for Understanding. Session presented at the Arizona Alliance for Health, Physical Education, Recreation, and Dance conference, Phoenix, AZ.

Crain, L.G. and Johnson, I.L. (September 2006). Teacher to Mentor: The Successful Cooperating Teacher. Session presented at the Arizona Alliance for Health, Physical Education, Recreation, and Dance conference, Phoenix, AZ.

Crain, L.G. (September 2005). Recipe for Success: Cooking Up a Successful Jump Rope for Heart Event. Session presented at the Arizona Alliance for Health, Physical Education, Recreation, and Dance conference, Phoenix, AZ.

Professional Service

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| 2015 | Arizona Department of Education Physical Education K-12 Standards Revision, Expert Reviewer |
| 2009 | Arizona Department of Education Physical Education K-12 Standards Revision, Chair |
| 2007-2008 | Foundation Director, AZ Association for Health, Physical Education, Recreation, and Dance (AZAHPERD) |

- 2005 Convention Manager, Southwest District/American Alliance for Health, Physical Education, Recreation, and Dance (SWDAAHPERD)
- 2001-2005 Convention Manager, AZAHPERD
- 2000-2002 President, AZAHPERD
- 1999-2005 Newsletter Editor/Website Manager, AZAHPERD
- 1999-2003 Delegate, AAHPERD National Convention Assembly of Members

- 1998-2000 Physical Education Public Information Chair, AZAHPERD
- 1999 Arizona Department of Education Comprehensive Health and Physical Education Standards Writing, team member

Community Service

- 2018-2022 United Way campaign coordinator and Days of Caring project coordinator
- 1995-2018 Jump Rope for Heart/Hoops for Heart, Coordinator
- 2016-2017 Vail Unified School District, District Wellness Coalition
- 2016-2017 Vail Unified School District, Vail Pride Day Committee
- 2016-2017 Vail Unified School District, Vail Pride Day Fun, Race Director
- 2012-2016 SilverBell 5K Fun Run, Race Director
- 2009 Rincon Vista Middle School Site Council, Member
- 2006-2008 American Heart Association, Community Board Member
- 2006-2008 Civano Community School Site Council, Chair
- 1997-2000 Jingle Bell Walk, Vail School District, Coordinator

Awards

- 2012 Administrator of the Year, AZAHPERD
- 2010 Middle School Teacher of the Year, National Association of Sport and Physical Education, Southwest District
- 2009 Middle School Teacher of the Year, AZAHPERD
- 2002 Service Award, AZAHPERD
- 1995 Sallie Mae Nomination, Honorable Mention