

Handout 1: What Do U Want 2B?

PURPOSE:

After this activity, you will know what you need to do in high school to be at the correct place when you apply to your specific major/degree in college. To actually get where you want to go – you have to plan how to get there. Let's start planning!

DIRECTIONS:

1. Complete the **Career: What Do You Value in a Career?** (Handout 2).
2. Using the top five values that are most important to you, reference the categories (*Realistic, Investigative, Artistic, Social, Enterprising, Conventional*) in the table below. Read through them and circle the 4 that you think best describe your personality and write them below:

1.
2.
3.
4.

3. Browse through Handout 3 (**Your Career Interests**), identify the 4 categories you just listed above and start to underline/highlight 2-3 careers that intrigue you from those category columns.
4. When done, move onto Handout 4 (**What do you want to be?**) and start recording your data.
5. Now you are ready to investigate your top careers and record what you learn on Handout 5 (**Career Exploration**).
6. Have fun learning about your possible future careers!

Handout 2: What Do U Want 2B?

***The following phrases describe values that people hope to obtain from their career. Read each statement and circle the top 5 that are most important to you.**

Help Others	Work with others -collaborative activities	Public Contact -interact with people
Competition – I Like to win and enjoy challenges	Make Decisions -power to make decisions that affect others	Leadership - control the work activities of others
Influence People – be able to change attitudes or opinions of others	Work Alone – do projects by myself	Knowledge – like to learn, find truth, and understand
General Creativity – create new ideas, programs, projects	Change and Variety – work in places where all is constantly changing	Artistic Creativity –create with different art forms
Constancy – work where I have routine and job duties that do not change	Security – know that I have a job for a long time and it pays well	Recognition – be noticed for my job well done
Excitement and Adventure	Profit and Gain – this job guarantees making lots of money	Independence – be able to do what I want to do at work and how to do it my way
Location – live where my lifestyle allows me to enjoy what I like to do.	Physical Challenge – physical activity is involved	Time Freedom – follow your own time schedule

***Using the descriptions you circled above, now circle 4 personality categories describes you.**

Realistic	Investigative	Artistic	Social	Enterprising	Conventional
People who have athletic or mechanical ability, prefer to work with objects, machines, tools, plants or animals, or to be outdoors.	People show like to observe, learn, investigate, analyze, evaluate, or solve problems.	People who have artistic, innovating or intuitional abilities and alike to work in unstructured situations using their imagination and creativity.	People who like to work with people to enlighten, inform, help, train, or cure them, or are skilled with words.	People who like to work with people, influencing, persuading, performing, leading or managing for organizational goals or economic gain	People who like to work with data, have clerical or numerical ability, carry out tasks in detail or follow through on others' instructions

(from RIASEC model of occupations, Pscyhological assesment Resources, Inc. (PAR) – copyrighted work of Dr. John L. Holland.)

What Do U Want 2B?

Handout 3: What Do U Want 2B?

Investigative	
<p>You are: Inquisitive, analytical, scientific, observant, precise, scholarly, cautious, intellectually self confident, introspective, reserved, braod-minded, independent, logical, complex, curious</p>	
<p>Careers:</p> <ul style="list-style-type: none"> • Anesthesiologist • Anthropologist • Archeologist • Biochemist • Biologist • Chemical engineer • Chemical technician • Chemist • Chiropractor • Civil engineer • Computer engineer • Computer programmer • Computer systems analyst • Dentist • Ecologist • Economist • Electrical engineer • Geographer • Geologist 	<ul style="list-style-type: none"> • Horticulturist • Marketing research analyst • Mathematician • Medical lab technologist • Meteorologist • Nurse practitioner • Pharmacist • General physician • Physician assistant • Psychologist • Research Analyst • Software engineer • Statistician • Technical writer • Veterinarian • Website developer • _____ • _____ • _____

Enterprising	
<p>You are: Self confident, assertive, sociable, ambitious, inquisitive, agreeable, talkative, extroverted, spontaneous, optimistic</p>	
<p>Careers:</p> <ul style="list-style-type: none"> •Managers •Advertising sales •Representative •Automobile sales •Financial planner •Financial manager •Computer operator •Cook/Chef •Dental assistant •Educational- Training or administrator •EMT •Flight attendant •Food service manager •Foreign service officer •Funeral director •Health services manager •Industrial engineer •Insurance agent •Journalism 	<ul style="list-style-type: none"> •Lawyer •Attorney •Representative •Real estate agent •Restaurant manager •Retail sales person •Retail store manager •Sales manager •Sales representative •Social services director •Stockbroker •Tax accountant •Travel agent • _____ • _____ • _____

Artistic	
You are: Creative, intuitive, imaginative, innovative, unconventional, emotional, independent, expressive, original, introspective, impulsive, sensitive, courageous, open, complicated, idealistic, nonconforming	
Careers: <ul style="list-style-type: none">• Actors/Actress• Advertising art director• Advertising manager• Architect• Clothing/Fashion designer• Copywriter• Dancer• Choreographer• Drama Teacher• English Teacher• Fashion Illustrator• Furniture designer• Graphic designer• Journalist/Reporter• Landscape Architect• Medical Illustrator• Museum Curator• Music teacher• Photographer• Writers/Editors• Professional Musician• _____• _____• _____	

Social	
<p>You are: Friendly, helpful, idealistic, insightful, outgoing, understanding, cooperative, generous, responsible, forgiving, patient, empathic, kind, persuasive</p>	
<p>Careers:</p> <ul style="list-style-type: none"> • Air traffic controller • Athletic Trainer • College Professor • Community Planner • Counselor/Therapist • Cosmetologist • Dental Hygienist • Detective • Dietician (SIE) • Historian • Homemaker • Hospital Administrator • Librarian • Mail carrier • Medical assistant • Medical records • Minister • Nurse/Midwife • Occupational Therapist • Paralegal • Park Naturalist • Physical therapist • Physical therapist aide 	<ul style="list-style-type: none"> • Police officer • Psychologist • Preschool worker • Professional Athlete • Probation officer • Parole officer • Public Health • Educator • Radiological • Technologist • School Counselor • School Principal • Social Worker • Sociologist • Special Education • Teacher • Speech Pathologist • Teachers Aid • Ticket agent • Vocational-Rehab • Counselor • X-Ray Technician • _____ • _____ • _____

Conventional	
You are: Well-organized, accurate, numerically inclined, methodical, conscientious, efficient, conforming, orderly, practical, thrifty, systematic, structured, polite, ambitious, obedient, persistent	
Careers: <ul style="list-style-type: none">• Accountant• Accounting clerk and bookkeeper• Administrative assistant• Bank teller• Budget analyst• Building inspector• Business teacher• Cashier• Catalog Librarian• Clerk• Computer operator• Court reporter• Customs inspector• Data processing worker• File clerk• Financial analyst• Kindergarten teacher• Legal secretary• Safety inspector• Tax consultant• Telephone operator• Typist• _____• _____• _____	

Realistic	
<p>You are: Practical, athletic, straightforward, mechanically inclined, a nature lover, thrifty, curious about the physical world, stable, concrete, reserved, self-controlled, independent, ambitious, systematic, persistent</p>	
<p>Careers:</p> <ul style="list-style-type: none"> • Aerospace Physiologist • Aircraft mechanic • Architectural drafter • Automotive engineer • automobile mechanic • Baker/chef • Carpenter • Construction worker • Corrections officer • Dental Assistant • Dental laboratory technician • Dental technician drafter • Electrical engineer • Electrician • Exercise careers • Farm Equipment manager 	<ul style="list-style-type: none"> • Farm manager • Firefighter • Floral designer • Forester • Groundskeeper • Jeweler • Laboratory technician • Mechanical engineer • Oceanographer • Optician • Plumber • Practical Nurse • Property manager • Tailor • Welder • Woodworking • _____ • _____ • _____

Handout 4: What Do U Want 2B?

What do you want to be? This question is difficult for so many people to answer, even adults! However, it is most helpful to know where you are. Once you know this, then you can figure out where to go from there!

DIRECTIONS:

Part 1: Record your 12 careers you identified in the previous activity (Interests Category) and fill in the matrix below. Start by filling in the four dominant categories that identified your type of interests.

	Your 4 Categories	Career 1	Career 2	Career 3
1.				
2.				
3.				
4.				

Part 2: What do you think you want to be (for example: where do you think you want to work? What kind of job do you think you want to have?). To help you select a few options, look at the Occupational Outlook Handbook website and fill in the Career Explorations worksheet.

<http://www.bls.gov/ooh/>

Handout 5: What Do U Want 2B?

DIRECTIONS: Fill in this worksheet!

Keep scrolling down on the website to answer the questions below.
If you need help, simply raise your hand! ☺

Q: WHAT DOES A _____ (the option you selected) DO?

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Q: HOW DO I BECOME A/AN _____?

(Read the section titled **HOW DO YOU GET READY** and write down the steps you would need to take)

1.
2.
3.
4.
5.

Q: HOW MUCH DOES THIS JOB PAY? _____

Q: HOW MANY JOBS ARE THERE IN THIS CAREER RIGHT NOW? _____

Q: WHAT ABOUT THE FUTURE – HOW MANY JOBS WILL BE AVAILABLE? _____

Q: ARE THERE OTHER JOBS LIKE THIS? (Write them here).

LOOK AT THE LIST ABOVE. CIRCLE ANY OPTIONS YOU FIND INTERESTING.

NOW WHAT

You have just completed two pages about a profession that interests you.

Remember, this activity is giving you an idea about different professions you may like. This does not by any means limit your college experience to these professions.

Remember, if you change your mind this week or next year or senior year in high school that IS OK! The good news is, whenever you do change your mind, you can use these worksheets again and still find information about other career options. SO have fun with it! **The future is yours.**

