

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Daily Reflection: Day 1

1. Besides asking good questions, what are some other things that you should do, say, or ways that you should act in an interview?

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2. What are some things you should do or say when meeting with a counselor?

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3. Select two of your favorite statements of the five that the Passport 2 High School Summer Institute is found on. Explain why these two reasons are important to you.

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4. Write three careers you are interested in:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

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## Daily Reflection: Day 2

**1. Before Monday what career were you interested in?**

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**2. After going on the tours, what career interests you and why?**

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**3. What did you find difficult and/or easy while filling out the UA application?**

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4. Having started your High School Plan what do you think is the purpose of this activity?
- a. To give me an overview to get ready for college.
  - b. To make sure I'm choosing the correct classes to get me closer to my career aspirations and goals.
  - c. To emphasize the role of extra-curricular and after school programs in preparing me for college.
  - d. All of the Above

Explain your answer below.

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5. If you wanted to go to the U of A, what would you need to complete during high school?

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## Daily Reflection: Day 3

1. You met many scientists and grad students today. Tell us what your impressions of them are. Circle all that apply:

Helpful

Nice

Friendly

Interesting

Enthusiastic

Generous

Smart

Intriguing

Other: \_\_\_\_\_

Explain your choices

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2. You visited many different buildings and areas of the University of Arizona today. What was your favorite part of the activity -OR- What was something that really surprised you?

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3. What are three do's and three don'ts when writing your personal statement?

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**4. Freshmen, how do you feel the H.S plan will help you throughout your academic career?**

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Name: \_\_\_\_\_

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## Daily Reflection: Day 4

1. Do you feel more prepared for High School now that you have finished your plan?

Yes

or

No

Explain.

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2. When writing a letter of inquiry what points should you hit? (List 3)

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3. How did the "What type of learner Am I" activity help you? Explain

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**4. Circle your five favorite activities that you did this week.**

Interviewing

University Hierarchy

Tours

Career Explorations

High School Plan

Science Scavenger Hunt

Learning Style

Letter Writing

Dress 4 Success

**Pick two of your choices above and expand on how those activities are helping you prepare for college?**

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**5. What is the difference between studying and doing your homework?**

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