

What Do I Take in HS?

Objective: Students will be able to plan all four years of their high school courses with summer programs and extracurricular activities.

Overview: You can get to college and plan for your career. However, you must FIRST finish your HS courses and get into college.

Materials:

High School Website PowerPoint slide

Access to computers

Handout 1: HS plan

Preparation: Request computer lab at least 2 months in advance. On the P2HS application ask students where they plan attending high school for the upcoming year. This will help to create a list of websites where students can find their HS curriculum.

Instructions: (3 hours)

Part 1:(Day one: 1 hour)

- a. Introduce the students to their HS Plan (handout 1). On the front have students write their top three career choices, first and last names, and their high school.
- b. The teacher will model how to find the students HS curriculum and fill out the top portion of the HS plan. Make a powerpoint slide of all the different HS and their curriculum address for students to access.
 - i. For example: If I were a student attending Tucson High School I would find

◎ Tucson High School

- <http://edweb.tusd.k12.az.us/thms/>
- (Below pic- 2010-2011 Student Handbook)

my school on the list.

ii. I would go to the site and follow the directions to the handbook.

iii. Finally, I would find the classes I was looking for and place them into the correct boxes on the HS plan.

- c. Now that students have an idea of what to do, they will begin logging into their school website and accessing their student handbook or curriculum.

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d. Students may use the remaining time to start filling in the HS core classes from freshman to senior year.

(Day 2: 2 hours)

Part 2: 20 minutes

a. Today you will begin by modeling how to access information to after school clubs and Summer activities/programs.

i. Here are a few examples of where to find clubs and summer programs:

1. Specific HS websites have a list of after school clubs and sports

2. Here is a list offered through the University of Arizona.

a. <http://www.coe.arizona.edu/highschool>

b. Medical camp: www.medstart.arizona.edu

c. UA for you

d. Add jobs after Junior year (age 16)

e. Volunteer (be specific as to where)

b. Once you have modeled how to find different activities that help students reach their potential careers, allow students the remaining time to work individually on their HS plan. (40 minutes)

Part 3: (1 hour)

a. The students typically finish at different paces. Once students are done filling in the plan have them meet with a mentor for a mock counselor meeting.

b. The mentor and the student will sit together and go over the students HS plans. This is a great opportunity for students to practice what meeting with a counselor will feel like. As well as a moment for the mentor to check the students plan.

i. When checking the HS plan look for:

1. The classes progress in the correct order (geometry, algebra, pre-calculus, calculus etc.)

2. The after school clubs that match their career options and will help them stand out in a college application.

3. The students plan is realistic.

c. The student will go back and make any necessary changes requested by the mentor. Once they are done, students may help peers who seem to be struggling.

P2HS Closure/Transition:

Note to Students: What if after 9th grade you change your mind about your career? What do you do? You all have a map to your future and it is up to you to follow it! It's okay if you change your career multiple times, just make sure your plan changes with. Ultimately your goal is to progress one step closer and closer to your career as you go through High School.