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## Weekly Self-Reflections

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Your Weekly Self-Reflections are a way for you to document the work you completed each week in your field experience, to reflect on what you've learned, and to identify future tasks you need to complete. These reflections are meant to be brief and to the point. They should be well written summaries, rather than a stream of consciousness. They should be proofread and professional. Strive for a three-paragraph maximum.

### **Due: Every Friday by 11:30pm**

- Upload your Weekly Self-Reflections to BOX by Friday 11:30 PM.
- Give them a consistent title (example: "*Patty Stowers - Reflection Week 12 - Oct. 2-6*")
- These will be read and commented upon by your University Supervisor. You are expected to carefully read your University Supervisor's comments and respond accordingly.
- Patricia Acosta/Mike Lang will review these reflections as documentation when determining your TLS 593a grade.

### **Your Weekly Self-Reflection must include **THREE** things:**

- (1) A description of at least **TWO** specific actions you took that week in your field internship that move you closer to meeting the **goals listed on the TLS 593a midterm or final evaluation instrument**. (Please identify the category and the bulleted goal from the midterm or final instrument that aligns to the action you are describing).
- (2) A statement of your goal for growth for the next week – the next actions will you take.
- (3) A response to **ONE** of the open-ended questions provided below or use one of your own.

#### **Open Ended Questions or Prompts (select one each week):**

- What was something that surprised or stood out for you this week?
- I am wondering about . . .
- What was a major success or a highlight for you this week?
- What key learning or insight did you have about yourself/your students this week?
- Describe a challenge you faced this week and what the actions you took to address it?
- How is your relationship with your Mentor Teacher progressing?
- How is your Phase-in Plan progressing?
- This week I took initiative by . . .
- **Prompt for the Friday before the Midterm Eval** = Look back at the Self-Reflections you have done to date. Write about the progress you have made, as well as the goals you have for the remainder of the semester.
- **Prompt for the Friday before the Final Eval** = Look back at your Self-Reflections since the Midterm. Write about the progress you have made since the Midterm, as well as the skills you hope to further develop during student teaching.