
Weekly Self-Reflections

Your **Weekly Self-Reflections** are a way for you to document the work you've completed each week in your field experience, to reflect on what you've learned, and to communicate with your University Supervisor. These reflections are meant to be brief and to the point. They should be well written summaries, rather than a stream of consciousness. They should be proofread and professional. Strive for one paragraph per question below.

(1) What did you accomplish this week?

Describe **at least two** actions you took this week in your field internship that move you closer to meeting the **TLS 593a midterm or final evaluation instrument goals**. (Please identify the category/goal from the midterm or final instrument that aligns to the actions you are describing).

(2) On pace with Phase-In Plan and collaboration with Mentor Teacher?

Explain if you are on track with your Phase-In Plan, and why or why not. Explain if your communication and collaboration with your Mentor Teacher seems to be on track, and why or why not.

(3) One success/one challenge this week?

- Describe a major success or a highlight for you this week.
- Describe a challenge you faced this week and what actions you took to address it.

(4) Respond to ONE of the open-ended questions provided below:

- What was something that surprised or stood out for you this week?
- What key learning or insight did you have about yourself/your students this week?
- I am wondering about . . .
- This week I took initiative by . . .

Due: Every Friday by 11:30pm

- Upload your Weekly Self-Reflections to BOX by Friday 11:30 PM.
- Give them a consistent title (example: "*Patty Stowers - Reflection Week 12 - Oct. 2-6*")
- These will be read and commented upon by your University Supervisor. You are expected to carefully read your University Supervisor's comments and respond accordingly.
- Patricia Acosta/Mike Lang will review these reflections as documentation when determining your TLS 593a grade.

NOTE:

- **Prompt for the Friday before the Midterm Eval** = Look back at the Self-Reflections you have done to date. Write about the progress you have made, as well as the goals you have for the remainder of the semester.
- **Prompt for the Friday before the Final Eval** = Look back at your Self-Reflections since the Midterm. Write about the progress you have made since the Midterm, as well as the skills you hope to further develop during student teaching.